

NCC 'FUTURE GENERATION 2024' PAPER Abstracts
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PAPER Abstracts

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NH De Koningshof, Baroniezaal

Evaluating the Success of Habitual Multifocal Soft Lens Wearers when Refit with a Progressive Multifocal Lens System

Jill Woods, Sarah Guthrie, Doerte Luensmann, Jose Vega, Gary Orsborn

Purpose: To evaluate the ease and predictability of fit and success when switching habitual, multifocal (MF) wearers from a somofilcon A (som-A) multifocal 2-Add system to a som-A 3-Add system.

Method: Presbyopic habitual MF wearers were recruited to a crossover, daily wear, subject-masked study. At first, participants were fit and dispensed bilaterally with som-A 2-Add (CooperVision) lenses and power optimizations were permitted at the fitting visit and the 1-week visit. The optimal lens powers were worn for 2-weeks. Next, som-A 3-Add (CooperVision) was fit and worn following the same visit schedule. Visual acuity and subjective ratings (0–10 scale; 10=best) were collected after each lens wear period and preference ratings were completed at study exit (5-point Likert).

Results: Fifty-eight participants (mean age 53.5 ± 6.2 years, 46F:12M) completed the study. Mean refraction OD: Sph - 1.11 ± 2.44 D [-4.75D to +3.50D], Cyl - 0.27 ± 0.25 D [-0.75D to 0.00D], near addition $+2.05 \pm 0.36$ D [+1.25D to +2.50D]. There was no difference between lenses for satisfaction with comfort ($p=0.76$), vision quality ($p=0.78$), or overall satisfaction ($p=0.94$). The only statistical difference among preferences related to

vision clarity for near tasks, where som-A 3-Add was preferred ($p=0.03$). After 2-weeks, LogMAR acuity was significantly better with som-A 3-Add for distance vision ($p<0.01$) and near vision ($p=0.02$), but not different for intermediate vision ($p=0.10$).

When strictly following the fitting guides, som-A 2-Add was successful with the first pair of lenses in 59% of participants, whereas som-A 3-Add was successful with the first pair in 80% of participants ($p=0.03$).

Conclusions: The performance of som-A 3-Add either matched or exceeded that of som-A 2-Add based on visual acuity, participant ratings and participant preferences. The 3-Add lens system had a higher rate of success with the first lens pair than the 2-Add system. Results indicate that switching som-A 2-Add wearers to the updated som-A 3-Add lens system was successful and well accepted.

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