

NCC 'GET CONNECTED 2026' POSTER ABSTRACTS
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NCC 'GET CONNECTED 2026'

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Poster Abstracts

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The eye on evidence: IACLE's monthly research update

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Purpose: The vast number of contact lens and related articles, published across an abundance of journals makes it challenging for many educators and practitioners to keep up with new evidence. To address this, the International Association of Contact Lens Educators (IACLE) introduced a monthly summary highlighting the most relevant and recent contact lens-related research.

Method: Since January 2017, IACLE's Education Team has reviewed contact lens-related research literature and produced monthly summaries featuring key and topical articles. Each issue is accompanied by a short video overview and shared with IACLE members. The written summaries are distributed to members of both IACLE and the British Contact Lens Association (BCLA) and are archived on IACLETOP (IACLE's online learning management system).

Results: Since its launch, 106 issues have been published, each issue summarising approximately six to eight papers, allowing members to stay informed of more than 650 peer-reviewed articles. The updates reach over 1,000 IACLE members and over 1,200 BCLA members worldwide. They are consistently rated as one of IACLE's most accessed resources, with 62% of IACLE members reporting regular weekly or monthly engagement with the summaries.

Conclusions: IACLE's monthly Research Update is a vital resource for staying informed about advancements in contact lens research and education. Its ongoing success highlights the value of curated, accessible summaries in promoting evidence-based practice across the global optometric community. The initiative supports educators by providing opportunities to teach and apply evidence-based science, make classroom and clinical interactions more engaging, stay current in their areas of interest, encourage critical analysis of research papers, and identify potential topics and collaborations for future research.

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