

NCC 'GET CONNECTED 2026' POSTER ABSTRACTS  
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**NCC 'GET CONNECTED 2026'**

**Organization Section: NCC/ BCLA**

**Poster Abstracts**

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**Comfort and ocular surface impact of PRECISION1® contact lenses (Alcon) in satisfied ACUVUE OASYS 1 day Max® (J&J) wearers**

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**Purpose:** To evaluate comfort, vision quality, and ocular surface impact in satisfied wearers of ACUVUE OASYS 1 day Max® (AO1-M) daily disposable lenses after switching to PRECISION1® (P1), and to assess tear film parameters with an objective diagnostic platform

**Method:** This prospective, single-center, non-interventional study enrolled 30 participants aged 20–40 years, all satisfied AO1-M contact lenses wearers ( $\geq 70/100$  on a visual analog scale, VAS). After  $\geq 14$  days of P1 wear, subjective outcomes were assessed using the Contact Lens Dry Eye Questionnaire-8 (CLDEQ-8) and VAS for comfort and vision. Objective parameters were measured with the C.DIAG® system (Quantel Medical, Clermont Ferrand, France), including non-invasive tear break-up time (NIBUT), interferometry, blink analysis, and tear meniscus height.

**Results:** Mean age was  $27.3 \pm 3.2$  years; 76.7% were female. Baseline Ocular Surface Disease Index indicated minimal symptoms ( $6.93 \pm 3.77$ ). After P1 wear, mean CLDEQ-8 score was  $6.33 \pm 2.82$ : 56.7% "Excellent," 33.3% "Very Good," 10% "Good." VAS ratings were  $86.6 \pm 10.8$  for comfort and  $87.3 \pm 9.4$  for vision. NIBUT averaged  $11.5 \pm 4.4$  seconds (OD) and  $11.8 \pm 4.3$  seconds (OS). Interferometry grades were stable ( $4.0 \pm 0.2$ ), with consistent tear meniscus height. Overall, 87% of participants wished to continue P1 wear.

**Conclusions:** Switching from AO1-M to P1 maintained high levels of satisfaction in already satisfied wearers. P1's water-gradient design supported tear film stability and ocular surface integrity. Objective C.DIAG® assessments aligned with subjective outcomes, confirming the biocompatibility and clinical performance of P1 contact lenses. Larger controlled studies are needed to validate these findings.

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